

SAN LUIS OBISPO COUNTY COMMISSION ON AGING AGENDA

Meeting Date: Friday, July 20, 2012 **Time:** 10:00 am - Noon
Place: Veteran's Memorial Hall
801 Grand Avenue
San Luis Obispo, CA 93401

Please RSVP to Chair (235-5779) if you are unable to attend this meeting.

10:00 am Call for a Quorum

Call to Order

- Flag Salute
- Roll List **[Roster revision coming in July—please review your info & update]**
- Approval of June Minutes [July Minute Taker: Anita Shower]
- Approval of Agenda
- Guest and Public Comment **[2 minute limit]**
- Introductions

New Business:

- **Appointment of new members.** Nominations are: Myra Lathrop for Alternate Member at Large for Judy Salamacha and Deborah Bayles of Age Alliance for Senior Service Provider. Both terms end as of March 2013 and can be re-applied for at that time.
ACTION ITEM: A vote will be taken to confirm these recommended appointments by the Nominating Committee.
- **Senior Centers:**
 - Jo Dennison will give a report on the Oceano Senior Center
 - Discussion to follow about actions Commission might take regarding our Goal of becoming more in touch with the needs of Senior Centers....if any?

Presentation (11:00 am): Speaker: Aaron Pankratz, Senior Connection Program Manager.

“Patchwork Resources: Making the most of the programs available in a down economy.”

Special Reports:

- Outreach Committee Report
- Chair Report: Binder Business; Exec Committee meetings open to members (call before); BOS meeting
- Dorothy Schlitz: Senior Flash Mob

Announcements and Updates:

Adjournment:

Next Meeting, August 17, 2012 Minute Taker: Alice York

SLO COUNTY COMMISSION ON AGING

Veterans Memorial Hall
801 Grand Avenue
San Luis Obispo

Minutes for July 20, 2012

Members Present: Judy Mishoulam, Anita Shower, Alice York, Kathleen Bellefontaine, Diane Maiorano, Jo Dennison, Judy Salamacha, Margaret Ensminger, Carol Schmidt, Elias Nimeh, Mike Suddarth, Dorothy Schlitz, Rosa Fernandez, Kelley Sexton (District Atty ofc)

Absent: Marilyn Hamilton, Maryanne Zarycka, Marie Pounders, Julie Macedo

Guests: Cherie Aispuru (Gibson Legislative Assistant), Myra Lathrop, Deborah Bayles, Shelly Herdman, Meredith Bates, Elizabeth Bear, Linda Haine

Call to Order: Quorum established. Meeting called to order by Chair Bellefontaine at 10:02 a.m. Flag Salute. Circulation of roll lists.

Minutes: Minutes from June 15, 2012 meeting: accepted.

Agenda: accepted as written.

Introductions: All present introduced themselves.

Public Comments: None

NEW BUSINESS:

Appointment of New Members:

Diane Maiorano announced nominations of **Myra Lathrop** for Alternate Member at Large for Judy Salamacha, and **Deborah Bayles** of Age Alliance for Senior Service Provider for terms ending March 2013. Each gave a brief introduction. They were unanimously approved.

Senior Centers:

♦ Jo Dennison reported on the **Oceano Senior Center**. She pointed out that since Oceano is in the county, not a city, it has limited funds, and therefore limited programs. They are working on enhancing the physical site and working on establishing more free activities. They are also interested in providing space for small groups/classes but the site space may not allow those additions at this time. Jo would like to see more involvement with other senior centers in the county and is forming a committee to learn more about how other centers get funding and the activities they have. She reported that she knows that SLO, Paso, and Santa Maria get support from the city and Parks and Recreation. Members seemed interested in hearing follow up reports about Oceano's progress.

♦ The Chair opened the meeting to **follow up discussion** about Senior Centers and SLOCOA. She reminded members that SLOCOA goals still include outreach to Senior Centers, but now encourage members as well as Supervisor Reps to be more involved. Chair asked for comments from members about how the Commission should be involved.

Jo responded that she didn't see why the Commission needs to be involved. The committee that she is putting together would like the Supervisors to get involved in helping with funding. Cherie, Bruce Gibson's assistant, reported that there are discretionary funds available through the BOS. In fact they are giving some funding to Cayucos to help with their insurance costs.

The Chair reported on her visit to the SLO Senior Center on behalf of the Commission. Chair thinks that it is important for Commissioners to remind Center Boards that SLOCOA wants to hear about the needs of their senior population. Chair was impressed with all the "Brain Aerobics" activities offered to attract the boomers. She commended Jo for her efforts to gather information about the Center's diversity of activities and funding and asked that this info be shared. Jo stated that she would send a summary of the purpose and activities of her committee that she described, today.

Dorothy Schlitz suggested that we encourage all the senior center managers to come to COA and report on their situation and perhaps network with each other for an exchange of ideas like through a "Retreat" put on by SLOCOA. Carol Schmidt suggested a Panel of Center directors be put together.

PRESENTATION: Speaker: **Aaron Pankratz, Senior Connection Program Manager**, "Patchwork Resources-Making the most of the programs available in a down economy". His position is part of Area Agency on Aging. He provides an information referral program, somewhat between 411 and 911 in scope. He reported that Paso Robles needs to get AAA information out more in their area. His office can help with planning information such as in-home care and nursing care. They provide help for family care givers and grandparents raising grandchildren. His job covers putting together a workable plan that works for the family and their resources. The number one need is companionships-both the fear of it and the actual lack of friendship. They have a variety of components to provide checks and balances, hence "patchwork". His job is also to do research on companies, etc. that are out there for seniors. Aaron pointed out that AAA here can also give information on contacting AAA elsewhere. It is everywhere. A national eldercare locator is available at 1-800-677-1116. The national website is N4A.org.

Aaron cautioned that for tax purposes and liability, etc., if you pay the PERSON (e.g. a caregiver) YOU are the employer; if you pay a corporation, business, etc., THEY are the employer. Writing checks directly in the name of the caregiver makes you liable for Soc Security withdrawal. Caregivers can come back to you as an employer.

SPECIAL REPORTS

Chair report: Kathleen announced that the Executive Committee meetings are open to members. Because of the Brown Act, not more than 9 members (a quorum) can be gathered to work on the business of the Commission, so please call ahead. Next meeting will be in December.

The Board of Supervisors meeting is Aug. 7. Our annual report will be presented. Kathleen encouraged members to attend to show support for COA and to speak if interested. There is a 3 minute speaking limit.

Binder Thinning: Not necessary to keep years of Minutes and Agendas (section 1) or all of the pamphlets, etc that are distributed in section 6.

Flash Mob: Dorothy Schlitz told of a Boston movement to call attention to Elder Abuse. Members viewed a UTUBE report on laptop about this Senior Flash Mob and suggested trying to do something similar at a BOS meeting. For those members unable to view it clearly, Chair will email URL.

The meeting was adjourned at 11:49 am.

Alice York minute taker. Edited by Chair.